



Medical Certificate 2016

Personal information

Name ID No./ MMF License No.

Address

City Postcode

Telephone Email

License level Basic National International

Medical information

Height Weight Blood Group Blood Pressure fP-Gluc

Electrocardiogram tests (resting and stress)

A cardiac stress test is compulsory for anyone applying for an International Driver's License (under 45 years: resting EKG; 45 and over: stress EKG) and it is valid for two years from the date of the test. Should the applicant be 70 years or older, medical examinations and the cardiac stress test must be made annually. For any 45-year-old (or older) applying for a national license, it is recommended to take the stress EKG, in order to get a full view of one's medical condition.

Resting EKG done (dd.mm.yyyy) Normal Deficient

Stress EKG done (dd.mm.yyyy) Normal Deficient

Hearing > 5m

Right Normal Deficient

Left Normal Deficient

Must use glasses while driving Yes No





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Vision without glasses			Vision with glasses		
Right	Left	Comb	Right	Left	Comp
Ishihara		Normal <input type="checkbox"/> Deficient <input type="checkbox"/>	Stereoscopic vision		Normal <input type="checkbox"/> Deficient <input type="checkbox"/>
120 degree vision		Normal <input type="checkbox"/> Deficient <input type="checkbox"/>	Nystagmus		Normal <input type="checkbox"/> Deficient <input type="checkbox"/>
Central vision without scomata 20 degrees N <input type="checkbox"/> P <input type="checkbox"/>			Romberg standing N <input type="checkbox"/> P <input type="checkbox"/>		
Field of vision			Draw any inefficiencies		

Permanent medication Yes No

Which?

Vaccinated against tetanus? Yes No When?

Amputated extremities? Yes No

Where (Draw into picture)?

Impaired functionality or amputation of extremities? Yes No

Where (Draw into picture)?

Functionality of extremities: Normal Deficient

Impaired functionality of extremities >50% Yes No

Hand grip strength: Normal Deficient





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Physician's signature and approval

It is my opinion that a competition licence can be issued for the examined person

Yes No

Physician's signature and Doctor ID No. stamp

Date and Place:

NB! The medical certificate is valid for 3 months from the date of physician's signature. The original form must be sent to the ASN. Competitor should keep a copy of the certificate.

Address:

*Malta Motorsport Federation
P.O. Box 30,
Valletta VLT 1000,
Malta*

A copy may be sent by e-mail to licence@maltamotorsport.org



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Instructions for filling Malta Motorsport Federation Medical Certificate

There is only one Medical Certificate which must always be used when applying for an International Driver's Licence (and for National Licence, if needed). No other medical certificate may be used except the AKK-Motorsport one. In case of any problems, please contact the national sporting authority (tel. +358 207 219 400) and their doctor.

Resting and Stress Electrocardiogram (EKG)

For any applicants of an International Driver's Licence an EKG test is compulsory (resting EKG for under 45-year-olds and stress EKG after that) and it is valid for two years from the date of the test. If the applicant is 70 years of age or more, medical exams and the stress test must be taken annually. It is recommended for all national licence applicants of 45 years of age or more, to have the stress EKG done at their medical exams in order to check their medical condition.

If the applicant has been diagnosed for coronary artery disease, a stress EKG must be taken at least every three (3) years. If the applicant has possible coronary symptoms under stress or findings in the stress EKG, no licence may be granted before further examinations by a cardiologist. If the applicant has undergone coronary angioplasty without infarction or in conjunction of one, this is followed by a three (3) month probation period. A stress EKG must be taken before doctor's re-evaluation.

After a bypass operation, there is a six (6) month probation period, provided there are no complications. A stress EKG must be taken before doctor's re-evaluation. In case of applicants who have suffered heart infarction, an ultrasonography should be considered in addition to those mentioned above. The absolute maximum for blood pressure is 160/100 mmHg measured repeatedly. This may be lowered if the applicant has symptoms caused by high blood pressure. A licence may only be issued when the blood pressure has normalised.

Vision

When applying for an international licence, vision may be evaluated by a general practitioner or optician. Further examinations by an ophthalmologist may be required when necessary. The use of contact lenses is allowed if they have been worn on daily basis for a minimum of 12 months. In addition to that, the lens manufacturer must ensure that the lenses are suitable for automobile sports. Complete blindness of one / both eyes is a contraindication for the use of lenses. An old or congenital visual impairment must be unilateral.

Following criteria must be fulfilled:

- Visual acuity must be minimum 0.9 in both eyes or 0.8 in the weaker and 1.0 in the stronger eye. If one side is weaker than stated above and correction does not improve vision, total visual acuity must be 1.0 or better.
- Combined static field of vision must be at least 120 degrees, and there may not be scotoma in central field of vision (20 degrees). Perimetry must be carried out.
- Combined field of vision must be functional.
- Normal colour vision, Ishihara.
- If the applicant has a retinal disease, vision must be tested by an ophthalmologist.

If the visual acuity or field of vision of an applicant of an international licence is substantially weakened by an eye disease, there must be waiting period of at least two years before an ophthalmologist can evaluate the level of impairment and function of the eyes. During this period the applicant may not participate in any events. Should one eye go blind, one must wait at least five years before applying for an international licence. Such licence will be then granted by the FIA Medical Commission. For a national licence, we have a one year follow-up period; examination and certificate from an ophthalmologist is required. Decision will be taken by the ASN doctor.

Mobility of articulations / limbs

The mobility of limbs / articulations must be over 50%. For prosthetic limbs, the functional result must be near to normal. Gripping function must be normal in both hands, amputation of individual finger is not a hindrance.



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Absolute exclusions and special cases

The following illnesses and disabilities may prevent the granting of a licence. For illnesses, a certificate from a specialist doctor in that field or from their own physician is required, together with the decision of ASN doctor.

- Blindness in one eye (ophthalmologist's certificate of stereoscopic vision required)
- Colour blindness (ophthalmologist's certificate required)
- Epilepsy with clinical manifestations, under treatment or not
- Any cardiovascular disease with risk of sudden death (coronary artery disease, high blood pressure)
- Limited functionality of the limbs and disability of 50% or more
- Amputations (except individual finger or toe)
- Difficult senso-motor malfunctions (monoplegia, hemiplegia, paraplegia etc.)
- Diabetes treated with insulin or sulfonylureas
- Any abnormal cardiac or arterial condition, including valvular heart disease
- Any disease of the central nervous system (e.g. Parkinson's, MS disease)
- Psychological conditions (incl. depression)
- Any existing or suspected abnormalities found by the examining doctor

Dr.
Malta Motorsport Federation Doctor.